



SERVEWELL™
— A C A D E M Y —
JOURNAL



Freshman Year

What is ROTC?

What does the acronym ROTC stand for?

Attending a service academy can be thought of as a (full / part) time military experience.

Participating in an ROTC Unit is more like a (full / part) military experience.

- (True or False) If you get accepted, you can attend any college or university in the United States on an ROTC scholarship.

- (True or False) Once you receive an ROTC scholarship, you automatically get admitted to any traditional college that has an associated ROTC program.

List 5 benefits of attending a college or university on an ROTC scholarship:

1. _____
2. _____
3. _____
4. _____
5. _____

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Relevant Extracurricular Activities

Extracurricular activities is a term that refers to almost anything you do outside the classroom.

Name 4 extracurricular activities that are particularly relevant for service academies and ROTC:

- 1. _____
- 2. _____
- 3. _____
- 4. _____

Why is Scouting such a good fit for those considering service academies and ROTC?

Name two extracurricular activities that aren't directly related to the military, but teach skills that will be highly desirable in a military officer:

- 1. _____
- 2. _____

List a few extracurricular activities that you intend to pursue during high school:

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What Will Traditional Colleges and Service Academies Expect?

List the 3 most important “academic” factors when it comes to college admissions:

- 1. _____
- 2. _____
- 3. _____

List 3 other factors that service academies and ROTC programs, in particular, also focus on:

- 1. _____
- 2. _____
- 3. _____

Give yourself a letter grade (A, B, C, D, F) for how well you are doing in these dimensions:

- _____ Academics (grades)
- _____ Leadership
- _____ Athletics (sports)
- _____ Character

The Navy Honor Code states that a midshipman shall not:

- 1. _____
- 2. _____
- 3. _____

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The Cost of Higher Education

Estimate the approximate total cost, per year, to attend the following colleges and universities (including tuition, room & board, books, travel). Then, multiply each of these numbers by 4 to find the total cost of attendance for a 4-year education (assuming no financial aid or merit scholarships).

Private, liberal arts college or university (e.g., Boston College, Fordham, Harvard, Pepperdine):

\$ _____ / year * 4 = _____ (total cost of education)

Public, in-state, college or university (e.g., UCLA, University of Virginia, Texas A&M, Ohio State):

\$ _____ / year * 4 = _____ (total cost of education)

Private or public college or university with an ROTC scholarship that pays 100% tuition:

\$ _____ / year * 4 = _____ (total cost of education)

Service Academy (e.g., Naval Academy, West Point, Air Force Academy):

\$ _____ / year * 4 = _____ (total cost of education)

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Class Selection

What 3 factors should you consider when selecting your classes for next year:

1. _____

2. _____

3. _____

- (True or False) To be competitive, you must take every AP, Honors, IB, or Advanced class offered in your high school at all costs.
- (True or False) If an ROTC scholarship is your goal, the “rigor” of the classes you take should match the rigor of classes expected by your target list of traditional colleges.

Check the classes that would align with an interest in STEM:

- | | |
|--|---|
| <input type="checkbox"/> AP Biology | <input type="checkbox"/> Metal Shop |
| <input type="checkbox"/> Physics | <input type="checkbox"/> Computer Science |
| <input type="checkbox"/> AP English Language & Composition | <input type="checkbox"/> Chorus |
| <input type="checkbox"/> Calculus BC | <input type="checkbox"/> Engineering |
| <input type="checkbox"/> AP History | |

Service academy and ROTC programs are institutionally mandated to recruit (more/fewer/same number) of STEM applicants compared to Humanities.

- (True or False) If you prefer Humanities classes, you should force yourself to take STEM classes to increase your chances of an appointment or ROTC scholarship. You can easily change your intended major once you get to school.

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ROTC vs Service Academies: The Process

Circle the program that best fits each description (SA = Service Academy):

- (SAs or ROTC) Which admissions process is more streamlined and organized?
 - (SAs or ROTC) Which program has its own, dedicated campuses?
 - (SAs or ROTC) Which program has more structure, military bearing, and rules?
 - (SAs or ROTC) Which program is more similar to a part-time military experience?
 - (SAs or ROTC) Which program requires a congressional nomination?
 - (SAs or ROTC) Which program is national in scope and has no geographical quotas?
 - (SAs or ROTC) Which program asks you to list your top 5 colleges in the application?
 - (SAs or ROTC) Which program has a more extensive fitness test?
 - (SAs or ROTC) Which program requires only one interview?
- _____ (initial here) Despite these differences, service academy and ROTC selection boards like to see students who apply for both programs, because it signals my interest in serving in the military as an officer, no matter what path I take.

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ServeWell Academy is a one-of-a-kind, online mentoring program that helps high school students who aspire to attend military service academies and earn ROTC scholarships to college – from freshman year through senior year.

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Printed in the United States of America

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